



SÖRMLAND MULTI-ACTIVITY HOLIDAY

Explore Trosa and its surrounding by boat, in a kayak and on foot.

Discover Sörmland by excursion boat, on foot or by paddling in a kayak and relax in the spa of your exclusive 4**** hotel. Explore varied landscapes, learn more about Swedish history and discover Tullgarn Castle and the picturesque small town of Trosa, known from countless Inga Lindström movies.



6 Days / 5 Nights



self guided

To the online version



ITINERARY

DAY
1





Individual arrival to Trosa

The idyllic small town, known from countless Inga Lindström film adaptations, lures with many sights for a first walk.

DAY
2

Hiking tour Tullgarn palace


After breakfast, our transfer will take you to Tullgarn Castle, where King Gustaf V and Queen Victoria, who lived in the late 19th and early 20th centuries spent their summers. Take a break in the castle gardens, feel the fresh sea breeze and enjoy a typical Swedish coffee break before hiking back to Trosa. Alternatively, you can spend the day in the tranquil town of Inga Lindström.

 ca. 5-6 hours  20 km  100 m  100 m

DAY
3

Individual kayak tour





Your kayak will be waiting for you in the port of Trosa. Paddle the river that meanders through Trosa and discover the pretty little town from the water. There are also many small islands in the archipelago that can be navigated to. Just outside of Trosa there is a fantastic archipelago with many islands to go ashore, for a swim break or to enjoy the picnic you have brought with you, with a view of the sea.

 4 hours

DAY
4

Boat trip to the island of Askö

Askö is a beautiful island in the Södermanland archipelago. At 10:00 a.m., the M/S Brännskär departs from Trosa Gästhamn (port) for Askö. Spend your island day at the beach or discover the original landscape during a hike through the nature reserve. In the 1930s, King Gustav V of Sweden visited the island to hunt moose. In 1996 the island was given to the current King Carl XVI. Gustaf as a present for his 50th birthday. Today, marine research in the Baltic Sea is carried out in the laboratory on Askö. At 3:30 p.m., the same boat will take you back to Trosa.

 ca. 4-5 h  17 km  110 m  155 m

DAY
5

Spa day

It's time to relax in the hotel's spa and reflect on the impressions you've gained. The aroma room, the dry and steam sauna or the pool ensure a relaxing stay. Anyone who would like to be physically active today is in good hands in the fitness room. Treatments can be booked directly at the hotel.

DAY
6

Individual departure or extension

Your multi-activity holiday ends after breakfast. We are happy to extend your holiday with additional nights in Trosa or Stockholm.



Tour character

You are hiking on gravel roads, forest tracks and side roads with less traffic through typical, Swedish nature. The kayak tour can be adapted to your needs, no experience required.

PRICES AND EVENTS

PLACE OF ARRIVAL: TROSA

	Season 1 26.05.2024 - 01.06.2024 01.09.2024 daily	Season 2 02.06.2024 - 15.06.2024 18.08.2024 - 31.08.2024 daily	Season 3 16.06.2024 - 17.08.2024 daily
Sörmland multi-activity holiday, 6 days, SE-STAT-06X			
Base price	8 999	9 499	9 999
Surcharge three-course half-board	2 999	2 999	2 999
Surcharge two-course half-board	2 499	2 499	2 499
Single room supplement	2 899	2 899	2 899

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: TROSA

	Season 1 May 26, 2024 - Jun 1, 2024 Sep 1, 2024 daily	Season 2 Jun 2, 2024 - Jun 15, 2024 Aug 18, 2024 - Aug 31, 2024 daily	Season 3 Jun 16, 2024 - Aug 17, 2024 daily
Trosa			
Extra night in double room/breakfast	1 299	1 299	1 299
Extra night in single room/breakfast	1 799	1 799	1 799

Prices per person in SEK

SERVICES AND EXTRAS

Services included

Services included:

- Overnights in Trosa Stadshotell****
- Breakfast
- 1x transfer Trosa - Tullgarn palace to the start of your hiking tour
- 1x hiking snack for your hiking tour
- 1x Spa-entry inclusive bathrobe and slippers
- 1x day trip with M/S Brännskär to the island of Askö
- 1x kayak rental (4 hours)
- Well elaborated route
- Detailed travel documents: Route maps, route description, tourist attractions and sights, important telephone numbers (1x per booked room)
- Navigation-App and GPS details for the hiking tour
- Service-Hotline

Optional:

- Halfboard (2- or 3-course dinners)

Not included:

- Travel insurance
- All services not mentioned under "Services"

Sustainability at Active Scandinavia:

- Contribute together with us to even more sustainability and decide for our digital route book and thus against the printed version. As a small thank you, you will receive a discount of SEK 250 per room.

More information

Arrival / Parking / Return journey:

- **By plane and train:** Stockholm-Arlanda Airport and by Arlanda Express (fast train) or Flygbuss (airport bus) to central Stockholm. From the main train station by train and bus to Trosa. More information at www.arlandaexpress.com or www.flygbussarna.se and www.sj.se/.
- **By car:** Free hotel parking spaces, reservation not possible. There are also two charging stations for electric cars available, please reserve them in advance directly with the hotel.