



# STOCKHOLM-UPPSALA HIKING TOUR

## Relaxed hiking tour along Ingegerdsleden from Stockholm to Uppsala.

The perfect city and countryside combo - explore vibrant Stockholm and University city Uppsala with all its fantastic places of interest, Sweden's oldest town Sigtuna, wonderful Lake Mälaren and last, but not least amazingly rural nature reserves on this hiking holiday along Ingegerdsleden from Stockholm to Uppsala. In the evenings demanded muscles are looking forward to well deserved relaxation in the sauna or wellness area of your hotels. And afterwards you can spoil yourself with tasty dinners to end every day perfectly. Nature, exercise and relaxation, exactly how a holiday should be!



5 Days / 4 Nights



self guided

### To the online version



# ITINERARY

DAY  
1

## Individual arrival to Stockholm

Take a first stroll through Sweden's capital and explore some of the many sights and tourist attractions.

DAY  
2

## Stockholm - Rosersberg by train, Rosersberg - Sigtuna

You start your tour with a short train ride (ca. 30 minutes) to Rosersberg. After two kilometres the first highlight is awaiting you: Rosersbergs slott. The beautiful palace was built from 1634-1638 and ranks among nine official Swedish royal palaces. Today it is a hotel and accommodates a museum and a Café. The hiking route leads beautifully along the banks of Lake Mälaren to the next highlight: Steninge slott. Influenced by Italian architecture, the small baroque styled palace is very unique in Sweden. Today the palace is on private property, the lovely garden can however be visited. Restaurant Stenlådan right next to the palace offers tasty meals for a well deserved lunchtime. Afterwards you continue along hiking trails and forest roads to Sigtuna. The city was founded in 980 and is, together with Lund the oldest, still existing city in Sweden. The small town was an important administrative center in earlier times. A stroll through the main road with its small, typical Swedish houses from the 18th, 19th and 20th century is worth it, before you end your first hiking day with a sauna session and a delicious dinner in your hotel.



ca. 4 - 5 Stunden



18 km



160 m



175 m

DAY  
3

## Sigtuna - Odensala by public bus, Odensala - Alsike

By public transport you reach Odensala with its kyrka in ca. 45 minutes. The church has been built stepwise from 1200 on and hosts impressive wall paintings from the 15th century. Afterwards you continue to Knivsta and Alsike, the church in Alsike is another highlight along the way. It is believed that the building with its gray tower has been built with inspiration from the impressive Marienkirche in Sigtuna. Shortly afterwards today's hotel is already awaiting you, the mansion is beautifully located at Lake Mälaren and welcomes you with a sauna, spa area and hotel restaurant.



ca. 5 - 6 Stunden



21 km



90 m



120 m

DAY  
4

## Alsike - Uppsala

After a hearty breakfast your last tour is about to start - again with wonderful panoramic views onto Lake Mälaren. The route leads through the nature reserve of Kungshamn-Morga, with some nice beach areas for a refreshing bath in the lake. Already from afar Uppsala appears just perceptible. Once you reach bridge Flottsundsbron you continue along Upplandsleden and river Fyrisån all the way to Uppsala, your goal of today and final destination of your holiday.



ca. 4 - 5 Stunden



18



125 m



140 m

DAY  
5

## Individual departure or extra nights

After breakfast your hiking tour ends. We are happy to extend your holiday with extra nights, to top your hiking holiday off with some more marvelous impressions. Uppsala, Sweden's fourth-biggest town and today's bishop's see offers many places of interest. Worth-seeing is the cathedral, Uppsala palace with botanical gardens, Uppsala University with coin cabinet or the king graves of Gamla Uppsala (Old-Uppsala).

# PRICES AND EVENTS

## PLACE OF ARRIVAL: STOCKHOLM

	<b>Season 1</b> 26.05.2024 - 01.06.2024   01.09.2024   Sunday	<b>Season 2</b> 02.06.2024 - 15.06.2024   18.08.2024 - 31.08.2024   Sunday	<b>Season 3</b> 16.06.2024 - 17.08.2024   Sunday
Stockholm-Uppsala hiking tour, 5 days, SE-STWSU-05X			
Base price	8 999	9 499	9 999
Single room supplement	2 899	2 899	2 899

# ADDITIONAL NIGHTS

## PLACE OF ARRIVAL: STOCKHOLM

	<b>Season 1</b> May 26, 2024 - Jun 1, 2024   Sep 1, 2024   Sunday	<b>Season 2</b> Jun 2, 2024 - Jun 15, 2024   Aug 18, 2024 - Aug 31, 2024   Sunday	<b>Season 3</b> Jun 16, 2024 - Aug 17, 2024   Sunday
Stockholm			
Extra night in double room/breakfast	999	999	999
Extra night in single room/breakfast	1 699	1 699	1 699

Uppsala			
Extra night in double room/breakfast	999	999	999
Extra night in single room/breakfast	1 899	1 899	1 899

Prices per person in SEK

# SERVICES AND EXTRAS

## Services included

### Services included:

- Overnights in chosen 4\*\*\*\* hotels and manor houses with sauna and/or spa area
- Breakfast
- Luggage transportation from hotel to hotel
- Well elaborated route
- Detailed travel documents: Route maps, route description, tourist attractions and sights, important telephone numbers (1x per booked room)
- Navigation-App and GPS files
- Service-Hotline

### Not included:

- Train ride Stockholm-Rosersberg and bus ride Sigtuna-Odensala
- Travel insurance
- all services not mentioned under "Services included"

### Sustainability at Active Scandinavia:

- Contribute together with us to even more sustainability and decide for our digital route book and thus against the printed version. As a small thank you, you will receive a discount of 250 SEK per room.

## More information

### Arrival / Parking / Departure:

- **By flight:** Airport Arlanda, by Arlanda Express (fast train) or Flygbuss (airport bus) to the main train station of Stockholm (duration ca. 30-45 minutes). Continue by Tunnelbana (subway), more information: [www.sl.se](http://www.sl.se).
- **By train:** Stockholm main train station.
- **By car:** Hotel garage in Stockholm from 310 SEK (ca. EUR 30) per day, reservation not possible, payable on spot.